Quincy Monk

As a standout football, basketball, and track & field athlete for White Oak High School, Quincy Monk ultimately found his true calling in football, even as he received many awards in multiple sports. Upon graduation, Quincy accepted a football scholarship to the University of North Carolina at Chapel Hill where he played linebacker. Continuing with high level of play, Quincy received numerous awards during his collegiate years as well. A very successful 4-year career culminated with a win over Auburn in the Chick-fil-A Peach Bowl his senior year. Quincy was able to take his game to the next level when he was drafted in the 7th round of the NFL by the New York Giants. After three seasons with the Giants, he signed with the Houston Texans and spent the 2004 season on their roster. After completing his NFL career, Quincy remained active in the community as a coach with the Gideon Johnson Football Camp and the David Thornton Football Camp, and as a speaker for various youth groups. He was a Senior Recruiter for The Select Group in Raleigh, NC until his untimely passing on November 24, 2015. There is no doubt that he would have continued to contribute mightily to his community.